

Mental Health
Crisis Care Concordat
***What can local government do to
enhance mental health crisis care?***

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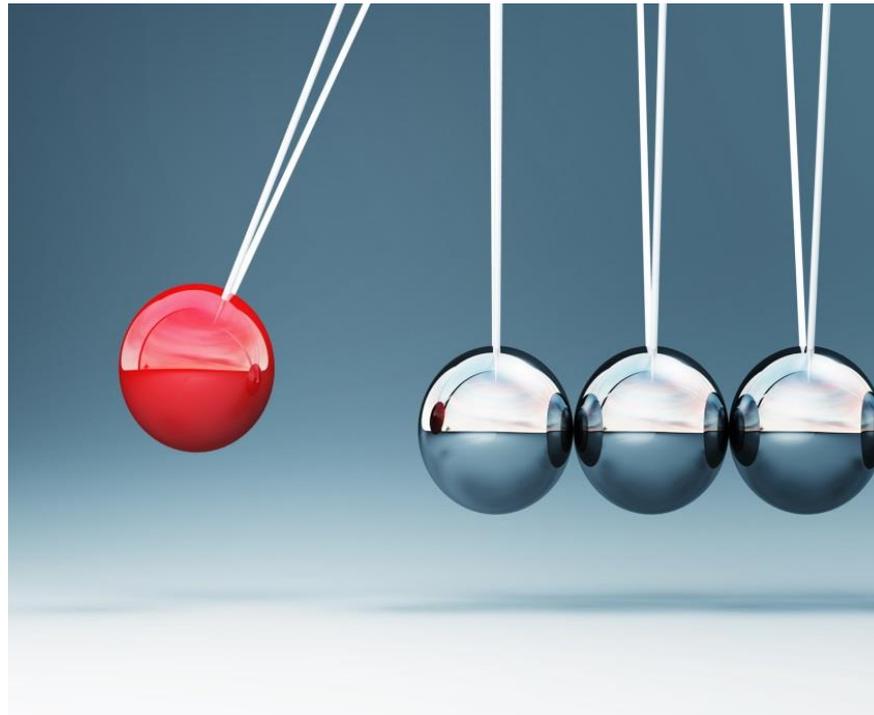
NCAS Conference, Wednesday 14 October 2015

Where are we now?

- 96 **multi-agency action plans** in place across England to drive **innovation & change**
- **55% reduction** in use of police cells as places of safety under s136 MHA since 2011/12. £15m investment & MHA amendments
- CQC review of crisis care, *Right here, right now* shows **work still to do nationally & locally**
- NHS England national crisis care programme; Urgent & Emergency Care Review



What can local government do?



1. Leadership & vision

- Offer **strategic vision**, build **strong partnerships**, provide **local context**
- Use local structures; many **Health & Wellbeing Boards** have 'signed off' local Concordat plans
- Seize **opportunities** Concordat provides to **understand demands on + costs to local public services** & therefore **your local population's needs** (inc people with multiple/complex needs e.g. dual diagnosis)
- Reflect in **JSNAs** (through Mental Health Needs Assessments), **prevention-based HWB Strategies**, **commissioning plans**



1. Leadership & vision in Sandwell

- Sandwell local Concordat plan developed by **over 50 people with lived experience** of a mental health crisis
- Creation of a Mental Health **People's Parliament** supported by **Sandwell Council** & Changing Our Lives – allows 'MPs' with lived experience of mental ill health to work in **co-production with strategic leaders**
- Aim to develop a **person-centred, community-based** Mental Health Wellbeing Plan and **quality standards for crisis care**. MPs working with **Sandwell's Health & Wellbeing Board** on proposals



2. Housing

- LAs should recognise that **stable housing** allows people to be well; crucial aspect of preventing crises, good discharge planning & supporting longer-term recovery
- Understand different models & value of **collaborative commissioning**, including 3rd sector, to cover spectrum of needs
- Ensure options are **safe, affordable, accessible** & joined up with other care & support services
- Identify **strong** correlation between homelessness and mental ill health – especially SMI



2. Housing in Kings Cross, London

- Tile House: **collaboration** between One Housing Group, London Borough of Camden and the Camden and Islington NHS Foundation Trust
- Unique approach to **supported housing** and **recovery** for 15 people with **complex mental health needs** to live as **independently as possible** in **high-quality**, purpose-built accommodation
- **Huge reduction in hospital average LoS** from 317 to 81 + **avoided admissions**
- Overall significant **VfM** argument for NHS, plus **over £1m projected saving to social care budget over 5 years**



3. Children & young people

- In 2014/15, 145 u18s were detained in police cells under s136 MHA in England – almost 40% less than 2013/14, but still too many. Almost 900 detentions overall – **why? Why such geographical variation?**
- DH work with RCPsych suggests **crucial role of LA children's services** – many of these children will be in care. Breakdown of placements → detention, sometimes repeat
- Use of MHA only tip of the iceberg – **huge** police demand beyond this. **What are the social care needs of these CYP? Are public services working together to understand & address them earlier?**

Department of Health

NHS England

Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing



The illustration shows a hand holding several symbolic items: a speech bubble with 'LISTEN', a sign that says 'TOGETHER', a sign with 'RIGHT DIRECTION', a sign with 'TRUST', a sign with 'NO STIGMA', a sign with 'RIGHT PLACE', a sign with 'SUPPORT', a sign with 'CHOICE', a sign with 'SAFE', a sign with 'ONLY EDITOR', a sign with 'MIND', a sign with 'HEALTH', a sign with 'WELLBEING', a sign with 'CARE', a sign with 'PROTECTION', a sign with 'IMPROVING', a sign with 'PROMOTING', a sign with 'CHILDREN', and a sign with 'YOUNG PEOPLE'. The background is yellow.

3. Children & young people's care in Wiltshire

- Wiltshire Police now have access to **24/7 support from CAMHS professionals**, which includes advice, immediate assessment and appropriate referral, **including based on unmet social care need**
- Wiltshire outreach (OSCA) (outreach services for children and adolescents) – **CAMHS & children's social workers** – for CYP with **multiple vulnerabilities, complex needs & concerning behaviours** often related to **social care need**, but no clear single MH diagnosis
- **Majority of OSCA activity provided for those leaving care & other looked-after children.** Focus on relationships, skills, education, employment + link to other local CYP services



Oxford Health 
NHS Foundation Trust

Wiltshire Council
Where everybody matters

4. Mental health social work

- LAs should ensure social workers have **clear and effective roles**
- Recognise **great value in social model** ensuring that **whole person & family approaches** are taken: counterbalance to medical models of illness & contribution to **shift in culture & practice**: focus on **personalisation & outcomes**
- **Preventative** role across all other children's & adults' services, and avoidable admissions
- **Key component of multi-disciplinary community teams** e.g. Home Treatment as link to support services for **stability**



4. Mental health social work in Bradford

- **Whole systems, multi-agency approach** to improving crisis care through service reform and development across Bradford
- Social workers **co-located** in Bradford Care District Trust's A&E psychiatric liaison service to provide **comprehensive intervention** & link individuals to **wider support services** across NHS and social care where necessary
- Social workers **fully integrated** within 'First Response' & Intensive Home Treatment teams – able to support **innovative initiatives** around housing, safeguarding, alternatives to hospital admission, police triage



The poster features a red background with white text and a white telephone handset icon. At the top left is the City of Bradford MDC logo with the website www.bradford.gov.uk. At the top right is the Bradford District NHS Care Trust logo. The main text reads 'FIRST RESPONSE' in a bold, italicized font, followed by 'Call 01274 221181'. Below the telephone icon, it says 'One number for people of all ages experiencing a mental health crisis'. At the bottom, it says 'You and Your Care'.

City of Bradford MDC
www.bradford.gov.uk

Bradford District **NHS**
Care Trust

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You and Your Care

5. Approved Mental Health Professional (AMHP) provision

- LAs should be aware of their **statutory responsibilities under the Mental Health Act 1983**
- Should **regularly and transparently review quality, sufficiency and succession planning for AMHP and Emergency Duty Team (EDT) services** in co-operation with CCGs, NHS providers & police in Concordat context – to minimise delays to MHA assessments; value in promoting a rights-based, personalised approach
- Should **support AMHPs** to fulfil their roles adequately, including establishing **strong governance for multi-agency reviews** of incidents & progress



Mental Health Act 1983: Code of Practice



5. AMHP provision in Cornwall

- Cornwall Partnership NHS Foundation Trust has merged AMHPs & other social work duty workers into **integrated 24/7 service** for people who may be in mental health crisis or need **intensive support from health and social care services**
- Allows for **ease of access to MHA assessment** if necessary at **earliest crisis point at any time** as teams cover acute admission sites & section 136 suite
- **Multi-disciplinary** Home Treatment Team manages bed applications & discharge arrangements allowing for **home support to minimise restrictiveness & maximise independence**

