

# London's Mental Health Crisis Care Programme

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# National and Regional Context



## The key drivers for this work:

- *NHS Five Year Forward View*
- *Five Year Forward View for Mental Health*
- *Urgent and Emergency Care Review*
- ***Better Health for London report*** reinforcing the need for a pan-London multi-agency model of care for child and adult mental health patients in crisis.

## The case for change to improve London's crisis care services:

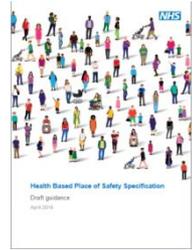
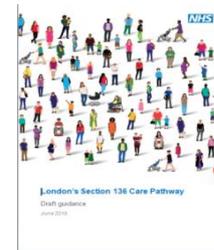
- There is a significant variation in the care and services on offer for London's crisis care patients, this includes those detained under section 136;
- There are constant tensions between front-line staff from the different agencies involved in the s136 pathway due to lack of clarity and communication across the pathway;
- Over the past two years London has seen a 9% increase in s136 detentions and this is expected to rise;
- London service users continue to describe the poor quality of mental health crisis care largely due to services that fail to meet their needs and lack basic respect, warmth and compassion.

**Healthy London Partnership's Mental Health Crisis Care Programme in partnership with stakeholders across the crisis care system is focussed on improving the consistency of care across London's s136 pathway.**

This includes the development of a London s136 care pathway and HBPOS specification (covering adults and CYP) and exploring wider transformational changes to support the system in meeting both these standards.

# Development of the Crisis Care Work Programme

- The **Health Based Place of Safety specification** outlines the minimum standard of care Health Based Place of Safety sites should offer. This includes staffing requirements, the conveyance between Trust sites and the expectations of clinical staff.
- The **Section 136 pathway** looks at the roles and responsibilities of all stakeholders involved, it specifically focusses on the clinical and legal roles of the police, LAS and A&E staff if physical health care is required.

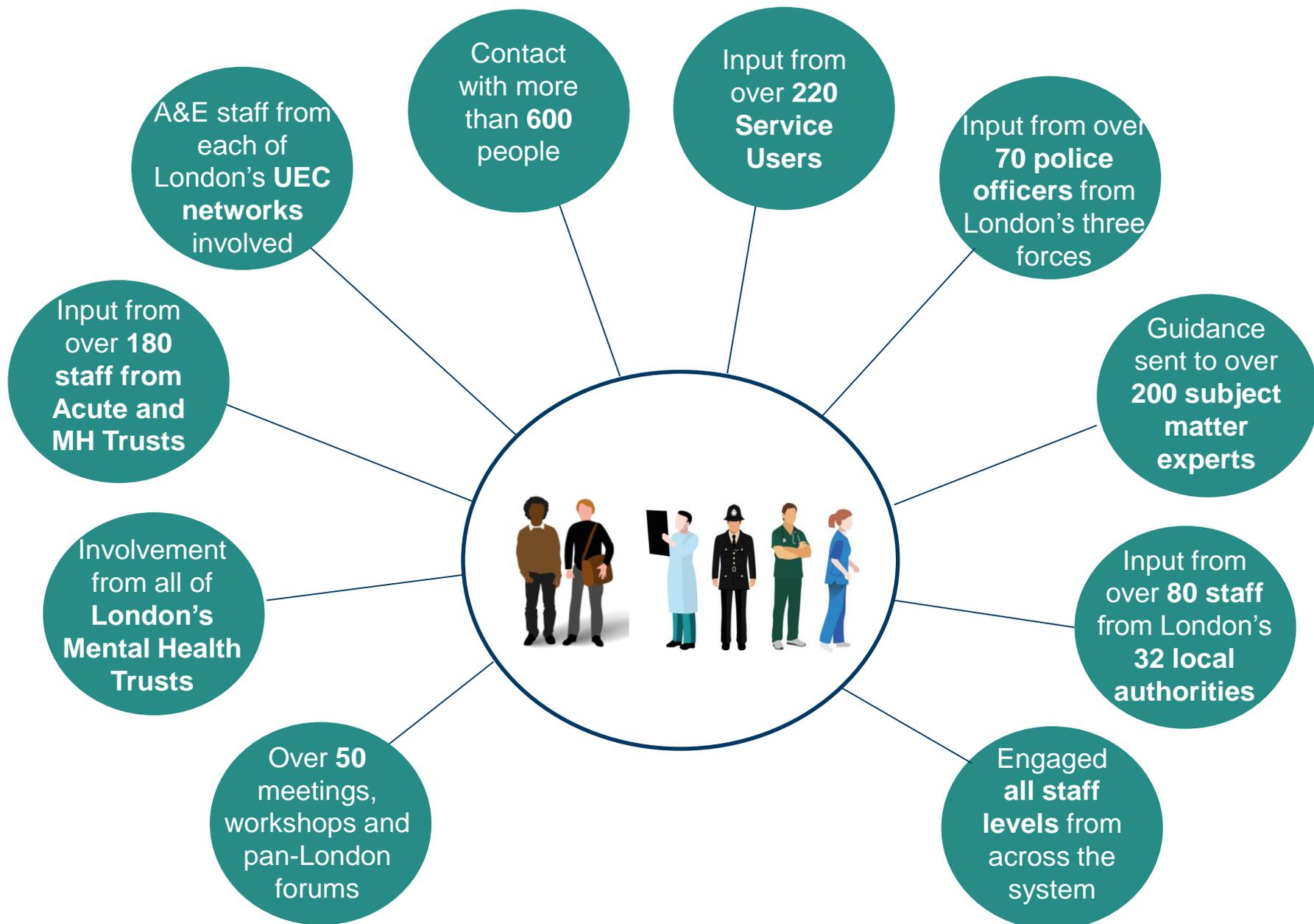


## Developing the HBPoS Specification and S136 Care Pathway:

- Both the HBPoS specification and pathway includes guidance sourced from a range of publications and other protocols including the principles of the **Crisis Care Concordat**.
- The programme team is also aligned with national work programmes in particular the **NHS England crisis care programme** and the **Royal College of Psychiatry's** revision of their s136 guidance.
- **Clinical champions** were sourced from Mental Health Trusts across London to delve into the detail and ensure the documents are fit-for-purpose and address the right issues in the system.
- The London programme and vision of wider transformation change was outlined at **London's crisis care summit**. The work programme was supported as well as the idea of a pan-London approach in regards to the s136 pathway and HBPoS sites.

Alongside this **extensive engagement** across the system has been pivotal to develop this work, generate buy-in and gather momentum to facilitate change!

# Engagement across London's Crisis Care System



# Specific Focus Areas - Emergency Care Pathways

## Parallel Assessments in A&E

- There is a drive to ensure parallel assessments occur if the s136 detainee is in A&E for physical health care. If the individual is in A&E for a prolonged period of time the Mental Health Act assessment should occur concurrently with the physical health assessment.

## Intoxication Pathway

- The term 'intoxicated and incapable' is being used as the trigger to send the detained individual to A&E. Those that are intoxicated but not 'incapable' should still be assessed at HBPoS sites.

## Physical health competencies of HBPoS staff

- Increasing the physical health care competencies of HBPoS staff is necessary to provide more holistic care for the individual and avoid unnecessary transfers to the A&E department.



# Next steps: Supporting Implementation Process

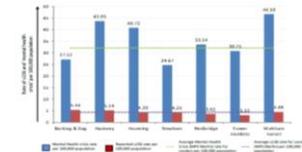
London's **Section 136 pathway and HBPoS specification.**



**Piloting the London HBPoS specification** at South London and Maudsley Trust as they consolidate four HBPoS sites into one.

South London and Maudsley   
NHS Foundation Trust

A **baseline data exercise** is underway looking at current prevalence, demand and service provision across the s136 pathway.



## Next Steps:

- Finalising both the pathway and specification and launching in September;
- Supporting the system to meet both the HBPoS specification and the pathway - this will involve using data gathered across the system to develop a series of options;
- The options will look at whether current sites can meet the specification or whether broader transformational change is required in regards to the configuration of HBPoS sites across the capital.